

SKILL LEVEL: Beginner PATTERN DESIGNER: FIGO Studio



A puff quilt like you've never seen before! Oversized 8" puffs make this project extra quick, easy, and cozy. Sew along with us on Instagram! #FIGOpuffquiltsewalong

### **REQUIREMENTS**

	THROW SIZE: 56" x 64"	BED SIZE: 88" x 104"	
PUFF FRONT	14 FQ <i>or</i> 28 FE	36 FQ <i>or</i> 72 FE	
PUFF BACK*	3 yd / 2.8 m	7 yd / 6.5 m	
FIBERFILL	20 oz / 560 g	50 oz / 1.4 kg	
BACKING	4 yd / 3.8 m	/ 3.8 m 9 yd / 8.5 m	
BINDING	0.5 yd / 0.5 m	0.75 yd / 0.7 m	

<sup>\*</sup>PUFF BACK pieces will be sandwiched between the front and backing of the quilt, meaning they are not visible once the project is complete. This can be a good opportunity to use up scraps or old yardage.

This project is easy to make with Fat Quarters or Fat Eighths (or even 10" Tiles), but feel free to use smaller pieces from your stash for an extra scrappy look!

#### **SUGGESTED SUPPLIES:**

- 9" or larger square Quilt Ruler
- Rotary Cutter

 (Optional - for quilting) Pearl Cotton or Embroidery Thread and Large Eye Needle

## LAYOUT INSPIRATION

Shown in Throw Size





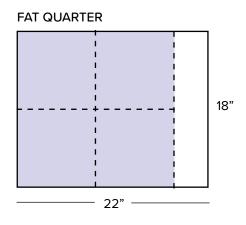
## **SEWALONG WEEK 1 - SELECT AND CUT FABRICS**

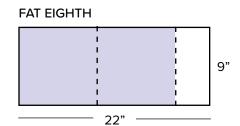
#### **CUTTING INSTRUCTIONS**

	THROW SIZE: 56" x 64"	BED SIZE: 88" x 104"	
PUFF FRONT	<b>56</b> 9" x 9" squares	<b>143</b> 9" x 9" squares	
PUFF BACK	<b>56</b> 8.5" x 8.5" squares	<b>143</b> 8.5" x 8.5" squares	
BINDING	<b>7</b> 2.5" x wof	<b>10</b> 2.5" x wof	

wof = width of fabric

### **CUTTING GUIDE - PUFF FRONT**



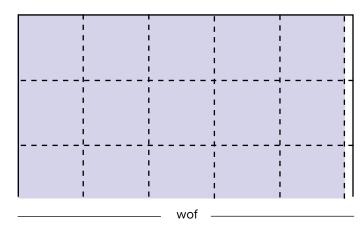


- 1. Cut the FQ or FE into a 18" wide piece
- 2. Cut the 18" wide piece in half, leaving two 9" pieces.
- **3. (FQ only)** Cut the two 9" x 18" rectangles in half, leaving four 9" squares.

Repeat until you have the number of PUFF FRONT squares listed in the chart above.

NOTE: If making the Bed Size, you will have 1 extra PUFF FRONT square. This can be set aside for another project!

### **CUTTING GUIDE - PUFF BACK**



- **1.** Cut the yardage into 8.5" x wof strips 12 strips for the Throw Size *or* 29 strips for the Bed Size.
- **2.** Subcut each 8.5" strip into five 8.5" squares.

**NOTE:** You will have 4 extra PUFF BACK squares for the Throw size *or* 2 extra squares for the Bed Size.



### **SEWALONG WEEK 2 - SEW PUFFS**

#### **SEWING INSTRUCTIONS**

Each puff is made of:

- 1 PUFF FRONT piece (9" square)
- 1 PUFF BACK piece (8.5" square)
- Approx. **0.35 oz / 10 g** of fiberfill

#### FINISHED PUFF BLOCKS TO MAKE

THROW SIZE	BED SIZE	
56	143	

### **SEWING PUFF BLOCKS**

- **1.** Place a 8.5" square PUFF BACK piece wrong side up and lay a 9" PUFF FRONT square wrong side down on top.
- **2.** Line up the top right corner of the pieces, wrong sides together.
- **3.** Fold the right side of the PUFF FRONT piece in half towards you to find the center. Form a pleat with this fold, lining up the bottom right corner with the corner of the PUFF BACK piece. Pin the pleat in place.
- **4.** Repeat **Step 3** two more times, resulting in three sides of the block being pleated and pinned.
- **5.** Sew along the first pinned side with a <u>scant</u> 1/4" seam. Once you reach a <u>scant</u> 1/4" from the end of the side, stop with your needle down and pivot the block to continue down the next side. Repeat until all three pleated sides are sewn. The final side will remain open for the stuffing step.

**NOTE:** You can skip pinning and do the pleating step while you sew, starting the seam and stopping with your needle down to fold and pleat before sewing over it. This will require less prep time, but more skill on the machine.

Repeat steps 1-5 until you have the number of Puff Blocks indicated in the chart above.

**NOTE:** Try chain piecing your blocks for a quicker process!





### **SEWALONG WEEK 3 - SEW & STUFF PUFFS**

#### STUFFING PUFF BLOCKS

The Puff Blocks are stuffed in rows, giving you a head start on piecing the quilt top!

- **1.** See the chart on this page to identify the number of Puff Blocks each row of your quilt needs.
- 2. With the open sides of the Puff Blocks at the top, sew them PUFF FRONT sides together with a 1/4" seam. Continue sewing in a row until you have the designated amount of puffs per row.
- **3.** Press the seams between the puffs to one side, as indicated with arrows in **Fig. 1**.
- **4.** Fill each Puff Block with a handful of fiberfill. We use approximately 0.35 oz / 10 g. Feel free to use more for a thicker puff, or less for a flatter puff.
- **5.** Keeping the fiberfill out of the way as much as possible, fold the open side of the PUFF FRONT in half, pleat, and pin as above. Continue down the row of Puff Blocks.
- **6.** Sew along open edge of the row with a *scant* 1/4", securing the pleats.

Repeat steps 1-6 with all Puff Blocks are until you have the number of rows indicated in the chart.

	THROW SIZE	BED SIZE
PUFF BLOCKS PER ROW	7	11
NUMBER OF ROWS	8	13

Fig. 1





**SEWALONG WEEK 4 - ASSEMBLE PUFFS** 

### **ASSEMBLY INSTRUCTIONS**

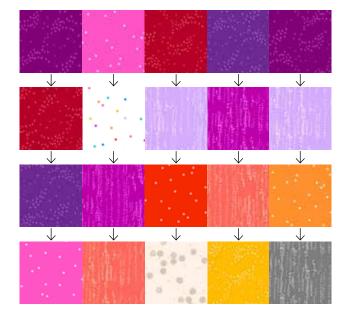
## **PIECING QUILT TOP**

- **1.** Lay out your quilt rows in order and, working from top to bottom, sew them PUFF FRONT sides together with a 1/4" seam.
- **2.** Press seams between the rows downwards, as indicated in **Fig. 2**.

**NOTE:** The seams should conceal the initial scant 1/4" seams.

Now you have a finished Puff Quilt top!

Fig. 2







# **SEWALONG WEEK 6 - QUILTING & BINDING**

#### **QUILTING INSTRUCTIONS**

There are two easy methods we suggest for quilting your puff quilt: Stitch-in-the-ditch and Corner Ties. For both methods, you will start with preparing the backing, followed by basting.

#### PIECING QUILT BACKING

- Cut your QUILT BACKING yardage into pieces

   two 68" pieces for Throw Size or three 100"
   pieces for Bed Size.
- 2. Trim the selvage on the backing pieces and sew them right sides together along the long edges.
- **3.** Press the backing seams open.

#### **QUILTING - STITCH-IN-THE-DITCH (OPTION 1)**

 Carefully moving the stuffing aside as needed, quilt in straight lines over the seams between the Puff Blocks.

Repeat in both directions until all seams are quilted along

### **BINDING**

- **1.** Trim the back of the quilt to match the quilt top.
- **2.** Sew all the 2.5" BINDING strips end-to-end using straight *or* 45-degree diagonal seams. Press seams open.
- **3.** Fold binding lengthwise, wrong sides together, and press.
- **4.** Lining up the edge of the folded binding strip with the edge of the quilt, sew around the entire edge with a 1/4" seam.
- **5.** Wrap the binding around to the other side of the quilt and topstitch 1/8" from the folded edge of the binding.

**NOTE:** If you have a preferred binding method, feel free to use that instead!

## **QUILT BASTING**

- **1.** Lay out the backing wrong side up, as flat as possible. Lay the quilt top overtop, right side up.
- **2.** Baste the layers together along the dips between the puffs where they are seamed together.

### **QUILTING - CORNER TIES (OPTION 2)**

- Using Pearl Cotton or Embroidery Thread with a Large Eye Needle, insert your needle from the back of the quilt, and back through the front to the back. The stitch should be around a 1/2" long and placed diagonally across the corner where four Puff Blocks meet. Make sure you leave at least a 2" tail at the start of your stitch.
- **2.** Repeat on the other diagonal, creating an X.
- **3.** Repeat steps 1-2 so there are a few layers of crossed stitches.
- **4.** At the back of the quilt, cut the thread with a 2" tail and securely knot it to the tail from the start of the tie. Trim the ends to 1/4".

Repeat steps 1-4 until all corners are tied.

**NOTE:** You can also try doubling the thread and doing one stitch horizontal starting from the front. This can be tied in a knot with the ends trimmed to 1" and left fluffy.

