

# Garden Twist Quilt Pattern - Step-by-Step Tutorial

The Garden Twist Quilt is a beautiful lattice-style design that blends alternating floral blocks with a clever twisting effect created by pieced strips. This pattern is perfect for showcasing a favorite floral fabric while adding depth and movement with solid fabrics.

Whether you are an experienced quilter or an ambitious beginner ready for a challenge, this guide will walk you through every step from cutting your fabric to assembling your quilt top.

## Materials Needed

Fabrics:

- Solid fabrics (at least two coordinating colors)
- Floral fabric (medium or large-scale prints)

Tools:

- Rotary cutter and mat
- Quilting ruler
- Sewing machine
- Thread
- Iron and ironing board
- Pins or clips

## Cutting Instructions

You will make 20 alternate blocks: 10 of Block A and 10 of Block B.

From Each Solid Fabric:

- E pieces - Cut 2 strips 2½" wide, subcut into 10 pieces 4½" long.
- D pieces - Cut 5 strips 2½" wide, subcut into 30 pieces 6½" long.
- F pieces - Cut 1 strip 2½" wide, subcut into 10 pieces 2½" squares.

From Floral Fabric:

- Cut 3 strips 4½" wide, subcut into 20 squares 4½" x 4½".

Borders:

- Cut 4 strips 9" wide.
- From these, cut 18 triangles and 4 corner triangles.

## Block A

1. Place one floral square (4½" x 4½") in the bottom left position.
2. Sew one E strip (4½") to the right of the floral square.
3. Attach one D strip (6½") vertically to the top of the floral square.
4. Use F squares and additional D strips to frame the floral piece as shown in the Block A diagram.

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5. Press seams toward the darker fabric.

## Block B

1. Place a solid square (cut from floral or coordinating solid) in the center.
2. Attach one D strip to each vertical side and one C piece horizontally.
3. Complete the frame following the Block B diagram.
4. Ensure alignment for the twisting lattice effect.

## Quilt Top Assembly

1. Arrange blocks in alternating sequence following the quilt layout diagram.
2. Position Block A and Block B diagonally to align the twist effect.
3. Sew blocks together in rows. Press seam allowances toward the D strip side.
4. Attach border triangles to complete edges, and corner triangles to each quilt corner.

## Finishing Your Quilt

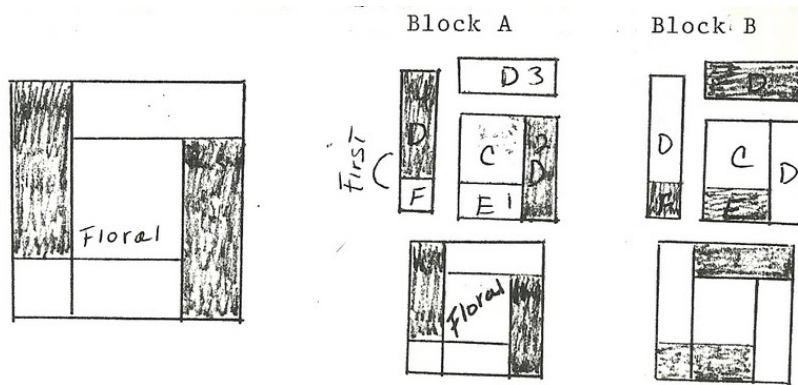
1. Layer quilt top, batting, and backing. Baste using pins or spray.
2. Quilt along seams or use free-motion quilting to accentuate the twist design.
3. Attach binding using your preferred method.

## Tips for Best Results

- Press after every seam for crisp, accurate blocks.
- Use a consistent ¼" seam allowance.
- Chain piece to speed up sewing.
- Choose contrasting solids and florals for maximum visual impact.

## Block Layout Diagram

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30 Block requires 20 alternate blocks. Make 10 of each - A & B

From each solid fabric cut:

E's - 2 Strips  $2\frac{1}{2}$ ". Cut into 10  $4\frac{1}{2}$ " strips.

D's - 5 Strips  $2\frac{1}{2}$ ". Cut into 30  $6\frac{1}{2}$ " strips

F's - 1 Strip  $2\frac{1}{2}$ ". Cut into 10  $2\frac{1}{2}$ " squares.

d

From floral fabric cut:

3 Strips  $4\frac{1}{2}$ ". Cut into 20  $4\frac{1}{2}$ " squares.

Borders:

Cut 4 strips 9". Cut 18 triangles and 4 corner triangles.

