

Bear Tracks – Vintage Reimagined Quilt Pattern

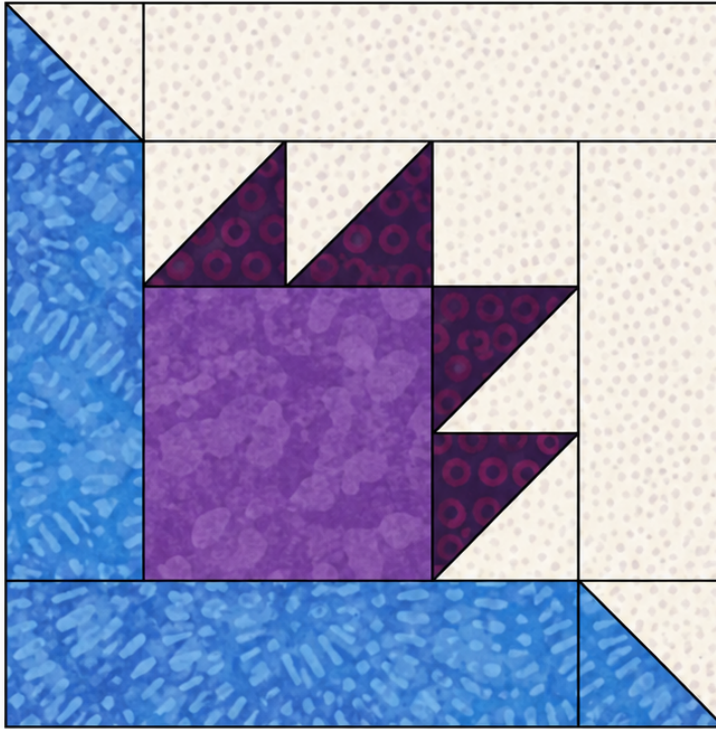
Block Diagram, Quilt Layout, Cutting Guide and Assembly Instructions

Finished Quilt Size: approximately 70" × 70" | Finished Block Size: 10" × 10" | Skill Level: Intermediate

This quilt combines a traditional Bear Paw unit with added track strips to create a striking circular arrangement. The design uses 20 Bear Track blocks and 16 background squares arranged in a 6 × 6 layout, then finished with an inner and outer border.

Bear Track Block Diagram

10" finished block



Cut Pieces (per block)



1 center square –
4 1/2" x 4 1/2"



4 HSTs –
2 1/2" x 2 1/2"



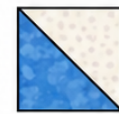
1 background square –
2 1/2" x 2 1/2"



1 side rectangle –
2 1/2" x 8 1/2"



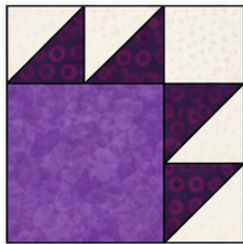
1 bottom rectangle –
2 1/2" x 10 1/2"



2 replacement triangles
from a 3 1/4" square
cut once diagonally

1

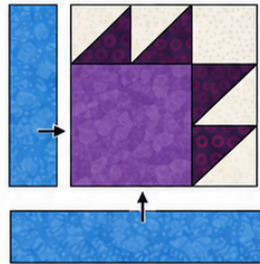
Make the Bear Paw unit



Sew 4 HSTs, 1 background square and the center square together as shown.

2

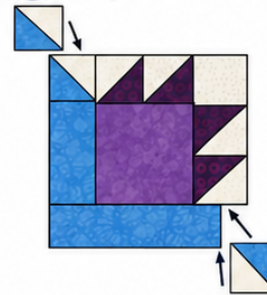
Add the side rectangles



Sew the side rectangle to the left. Then add the bottom rectangle to the unit.

3

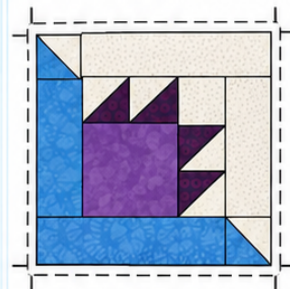
Add replacement triangles to the outer corners



Add the two replacement triangles to the top left and bottom right corners.

4

Trim to 10 1/2" x 10 1/2" unfinished



Trim the block to 10 1/2" x 10 1/2" (unfinished size).

Make 20 blocks.

Fabric Requirements & Cutting

- **Paw Centers:** Cut 20 squares, $4\frac{1}{2}" \times 4\frac{1}{2}"$.
- **Half-Square Triangles:** Make 80 HST units, each trimmed to $2\frac{1}{2}" \times 2\frac{1}{2}"$ unfinished (2" finished).
- **Background Corner Squares:** Cut 20 squares, $2\frac{1}{2}" \times 2\frac{1}{2}"$.
- **Side Rectangles:** Cut 20 rectangles, $2\frac{1}{2}" \times 8\frac{1}{2}"$.
- **Bottom Rectangles:** Cut 20 rectangles, $2\frac{1}{2}" \times 10\frac{1}{2}"$.
- **Replacement Triangles:** Cut 20 squares, $3\frac{1}{4}" \times 3\frac{1}{4}"$, then cut each once diagonally to make 40 triangles.
- **Large Background Squares:** Cut 16 squares, $10\frac{1}{2}" \times 10\frac{1}{2}"$.
- **Inner Border:** Cut 6 strips, $1\frac{1}{2}" \times \text{WOF}$.
- **Outer Border:** Cut 7 strips, $4\frac{1}{2}" \times \text{WOF}$.

Block Construction

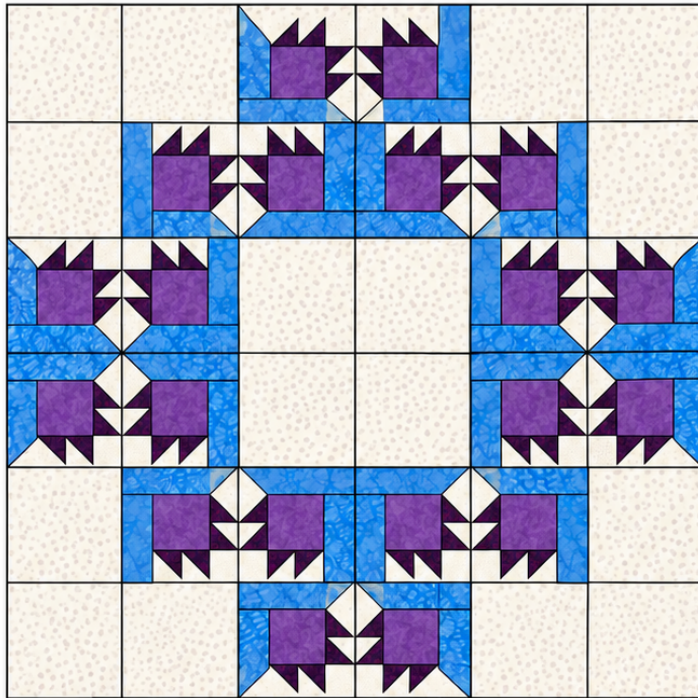
1. **1. Make the Bear Paw unit:** Sew 4 HSTs, 1 background square and 1 center square together as shown in the diagram.
2. **2. Add the side rectangles:** Sew the $2\frac{1}{2}" \times 8\frac{1}{2}"$ rectangle to the left side of the Bear Paw unit. Then sew the $2\frac{1}{2}" \times 10\frac{1}{2}"$ rectangle to the bottom.
3. **3. Add replacement triangles:** Add one replacement triangle to the top-left outer corner and one to the bottom-right outer corner.
4. **4. Trim the block:** Trim carefully to $10\frac{1}{2}" \times 10\frac{1}{2}"$ unfinished so the block will finish at $10" \times 10"$.
5. **5. Repeat:** Make a total of 20 Bear Track blocks.

Layout Notes

The quilt center is arranged in a 6×6 grid using 20 Bear Track blocks and 16 plain background squares. Rotate the Bear Track blocks to form the circular movement around the center opening, exactly as shown in the layout diagram.

Bear Tracks Quilt Layout

70" x 70" finished quilt



Materials & Cutting



20 Bear Track blocks –
10" finished



16 background squares –
10 1/2" x 10 1/2" cut

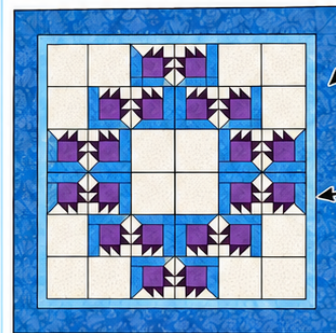


Inner border –
1 1/2" strips



Outer border –
4 1/2" strips

Finished Quilt with Borders



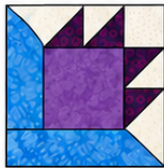
Outer
border
4 1/2"

Inner
border
1 1/2"

Quilt size: 70" x 70" (finished)

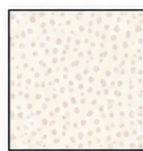
Assembly Steps

1 Make 20 Bear Track blocks



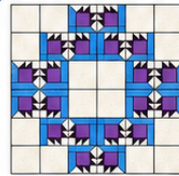
Follow the block instructions
from Page 1 to make 20
Bear Track blocks.

2 Cut 16 background squares



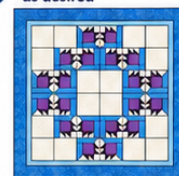
Cut 16 background squares
10 1/2" x 10 1/2".

3 Arrange blocks in a 6 x 6 layout



Arrange 20 Bear Track blocks
and 16 background squares
in a 6 x 6 layout, rotating the
blocks as shown.

4 Add borders and quilt as desired



Add inner and outer borders
using 1 1/2" and 4 1/2" strips.
Quilt as desired.

Make a beautiful 70" x 70" Bear Tracks quilt!

Quilt Assembly

- 1 **1.** Arrange all 36 units on a design wall or large flat surface before sewing.
- 2 **2.** Sew the units into 6 rows of 6 blocks each.
- 3 **3.** Press the seams of alternating rows in opposite directions to help the intersections match.
- 4 **4.** Join the rows to complete the quilt center. The center should measure approximately 60 1/2" × 60 1/2" unfinished.
- 5 **5.** Add the inner border first, measuring the quilt through the center before cutting the strips.
- 6 **6.** Add the outer border in the same way.
- 7 **7.** Layer the quilt top with batting and backing, baste, quilt as desired, then bind the edges.

Helpful Tips

- Accurate trimming is especially important for the HST units and the finished 10 1/2" block size.
- Lay out the full quilt before sewing to confirm the block rotation is correct.
- Try to keep quilting density fairly balanced between the center and borders to reduce waviness.
- This design looks beautiful in batiks, scraps, seasonal prints or soft vintage florals.

Summary

Make 20 Bear Track blocks, combine them with 16 background squares in a 6 × 6 setting, then add a 1 1/2" inner border and a 4 1/2" outer border. The result is a beautiful Bear Tracks quilt measuring about 70" × 70".

Prepared for your quilting blog.