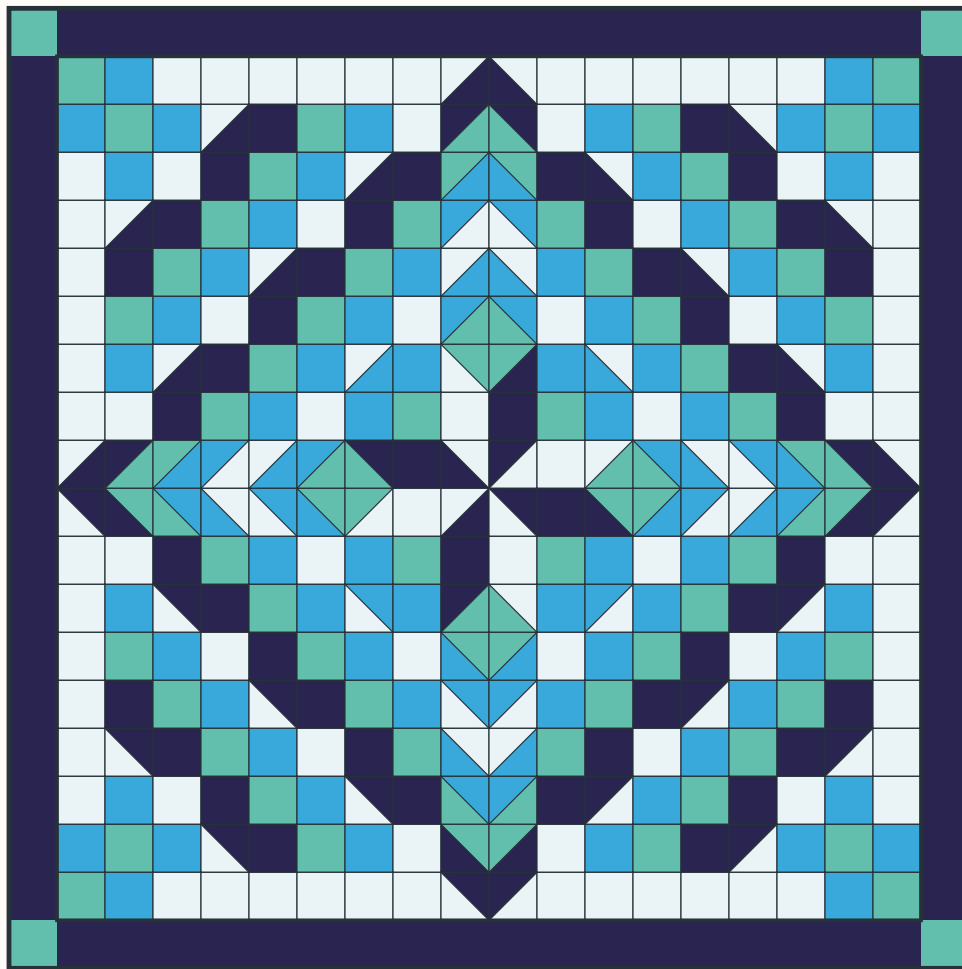


NANA FLOWER

Quilt Pattern



18 x 18 GRID

SQUARES + HSTs

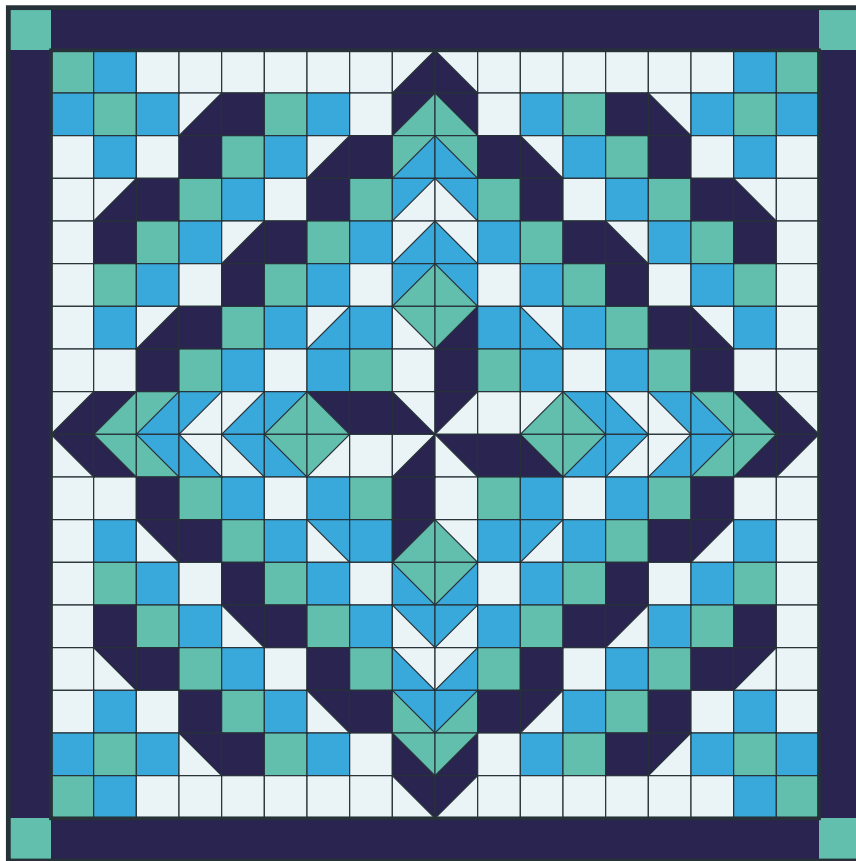
60" THROW SIZE

Complete English pattern with verified counts and vector diagrams.

Includes a 9 x 9 quadrant map, full layout, borders, finishing, and resizing chart.

1. Project overview

A floral medallion built from one 9 x 9 quadrant rotated four times.



DEFAULT SIZE

3" finished unit

54" pieced center

60" with border

Skill level: Confident beginner

- Only whole squares and half-square triangles are used.
- The center contains 324 units arranged in 18 rows of 18.
- The design is rotationally symmetrical, so one quadrant controls the entire layout.
- All cutting sizes include the 1/4" seam allowance.

2. Choose your quilt size

Keep the 18 x 18 layout; change only the finished size of each grid unit.

FINISHED UNIT	CUT SQUARE	HST START	CENTER	WITH BORDER
2"	2 1/2"	3"	36"	40"
3"	3 1/2"	4"	54"	60"
4"	4 1/2"	5"	72"	80"
5"	5 1/2"	6"	90"	100"
6"	6 1/2"	7"	108"	120"

PATTERN DEFAULT

The detailed cutting chart uses 3" finished units for a 60" square throw. For another size, keep every quantity unchanged and use the cut sizes above. The border finishes at the same width as one grid unit.

Border strip cut length

Cut or piece each border strip to the unfinished center length: 36 1/2", 54 1/2", 72 1/2", 90 1/2", or 108 1/2", depending on the chosen size.

3. Cutting chart - 60" throw

For 3" finished grid units; trim every HST to 3 1/2".

FABRIC	QTY	CUT	USE
Background W	80	3 1/2" squares	solid units
Background W	28	4" squares	HST pairs
Navy D	44	3 1/2" squares	solid units
Navy D	22	4" squares	HST pairs
Green G	52	3 1/2" squares	solid units
Green G	16	4" squares	HST pairs
Blue B	64	3 1/2" squares	solid units
Blue B	18	4" squares	HST pairs

Borders and finishing

- Green: cut 4 cornerstones, 3 1/2" square.
- Navy: cut 6 strips, 3 1/2" x width of fabric; piece and trim into 4 strips, 3 1/2" x 54 1/2".
- Binding: cut 7 strips, 2 1/2" x width of fabric.
- Backing and batting: prepare each at least 68" square.

Suggested yardage: W 1 1/4 yd • D 1 1/4 yd • G 3/4 yd • B 1 yd • binding 1/2 yd • backing 4 yd.

4. Make the 84 HST units

Use the two-at-a-time method and sort completed units by color pair.

W + D **32 HSTs** pair 16 squares of each

W + B **20 HSTs** pair 10 squares of each

B + G **16 HSTs** pair 8 squares of each

D + G **12 HSTs** pair 6 squares of each

W + G **4 HSTs** pair 2 squares of each

Two-at-a-time method

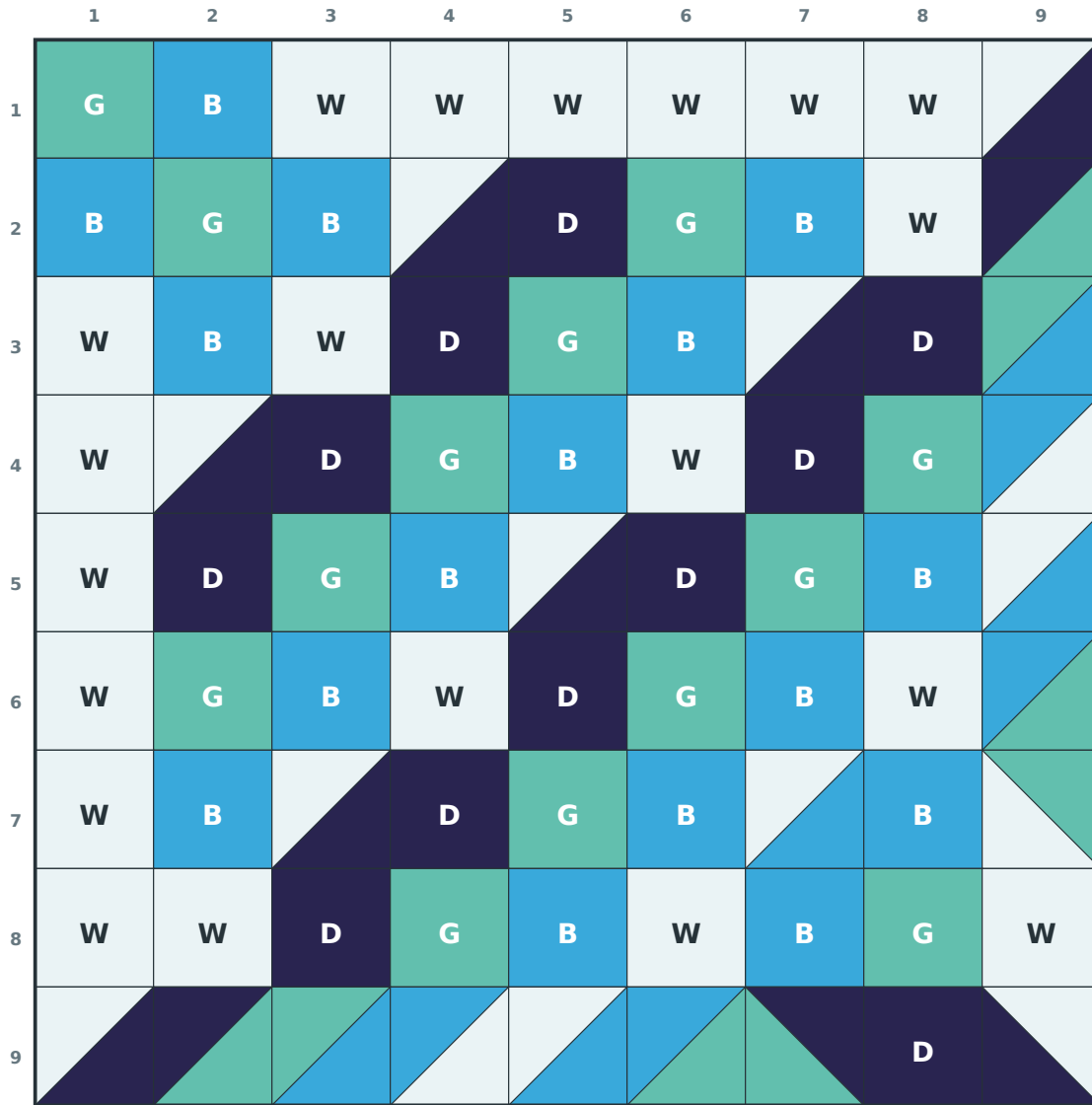
- 1 Place two 4" squares right sides together. Draw one diagonal on the wrong side of the lighter square.
- 2 Sew 1/4" from both sides of the marked line.
- 3 Cut on the marked line to make two HSTs.
- 4 Press toward the darker fabric.
- 5 Trim each HST to exactly 3 1/2" square.

ACCURACY CHECK

The diagonal seam must run exactly from corner to corner after trimming.

5. Master 9 x 9 quadrant map

Make four matching quadrants; rotate them during final assembly.

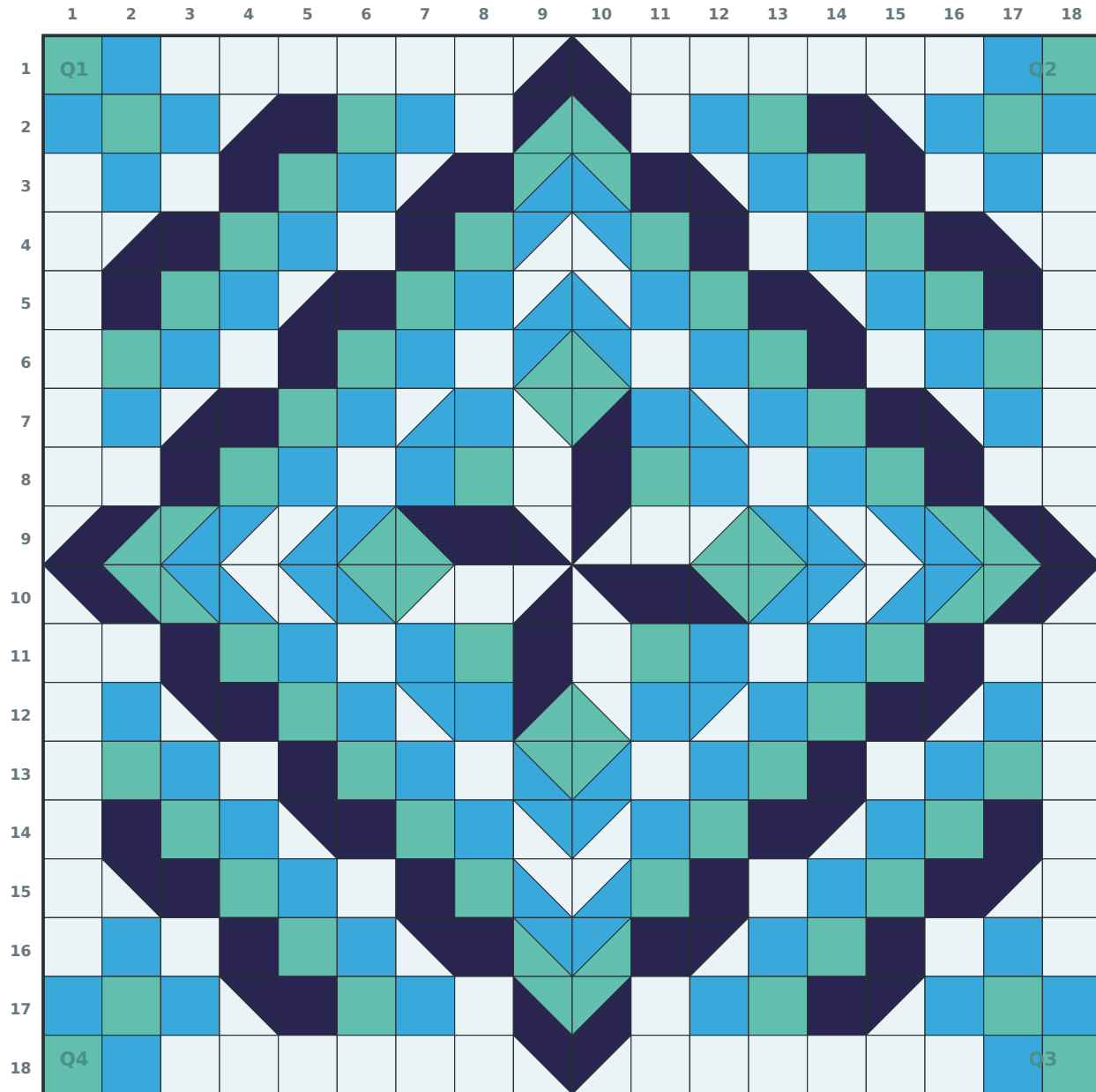


Quadrant count: 20 W • 11 D • 13 G • 16 B • 21 HSTs = 81 units

- Lay out all 81 units on a design wall. Confirm every diagonal before sewing rows.

6. Complete 18 x 18 layout

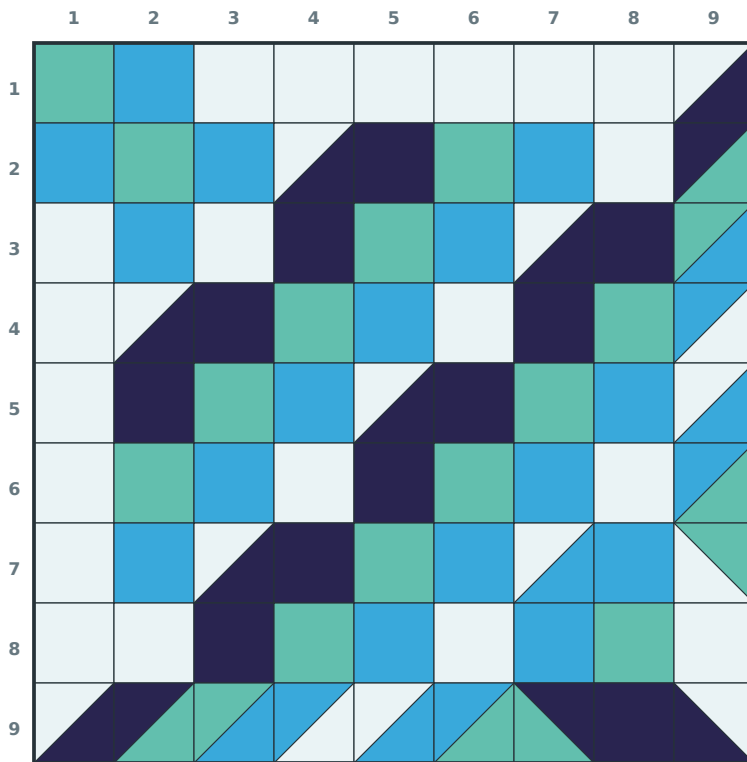
Q1 is repeated by rotating it 90, 180, and 270 degrees.



- The four quadrant seams cross at the center. Pin this intersection before sewing.

7. Sew rows and quadrants

Chain piecing keeps the units organized and reduces handling.



Recommended sequence

- 1 Label rows 1-9 from top to bottom.
- 2 Sew each row from left to right.
- 3 Press odd rows left and even rows right.
- 4 Join rows in pairs: 1-2, 3-4, 5-6, and 7-8.
- 5 Add row 9 and complete the quadrant.
- 6 Square gently to 27 1/2" unfinished.
- 7 Repeat to make four quadrants.

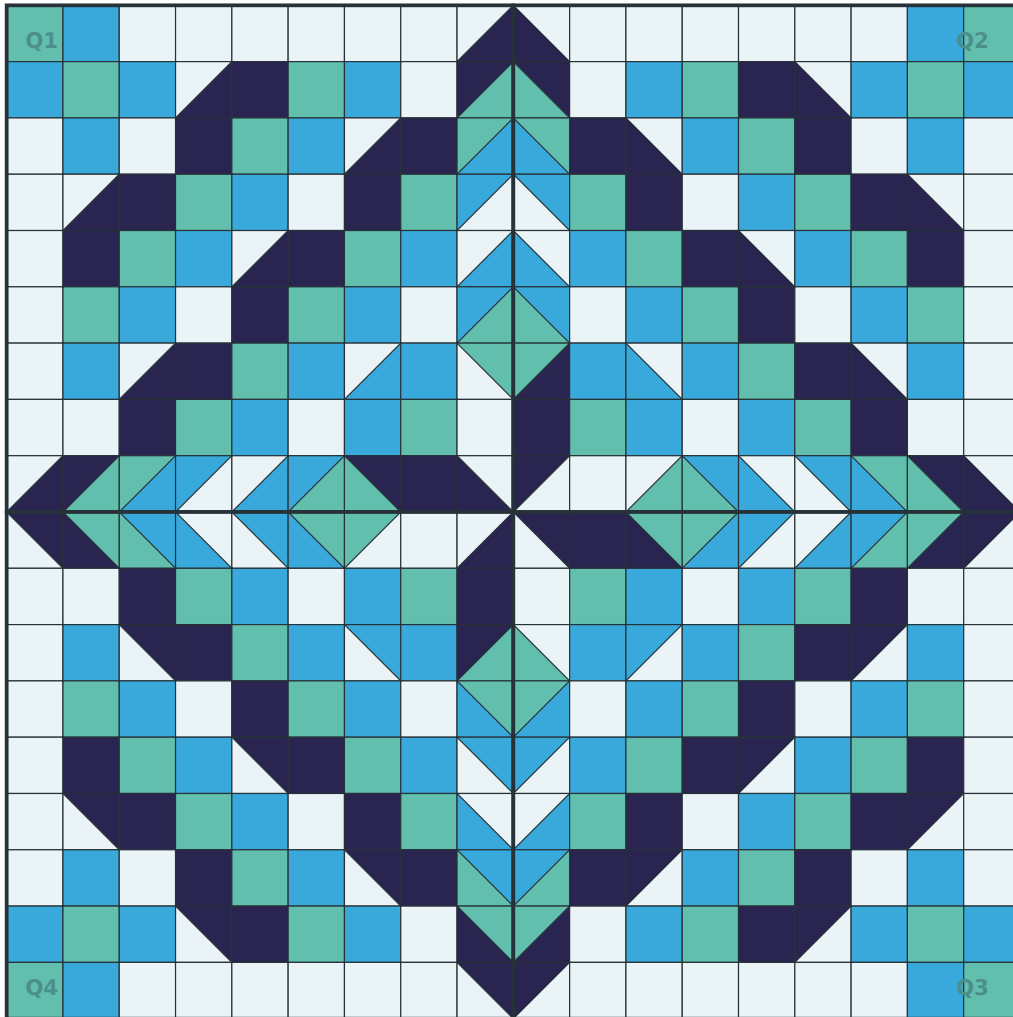
PRESSING OPTION

Alternating row directions nests most intersections. Around dense HST areas, press seams open if that produces a flatter result. Use a pin at every HST point and do not stretch diagonal edges.

Checkpoint: Each row measures 27 1/2" unfinished; each quadrant measures 27 1/2" square.

8. Join the flower center

Rotate the four identical quadrants to form the medallion.

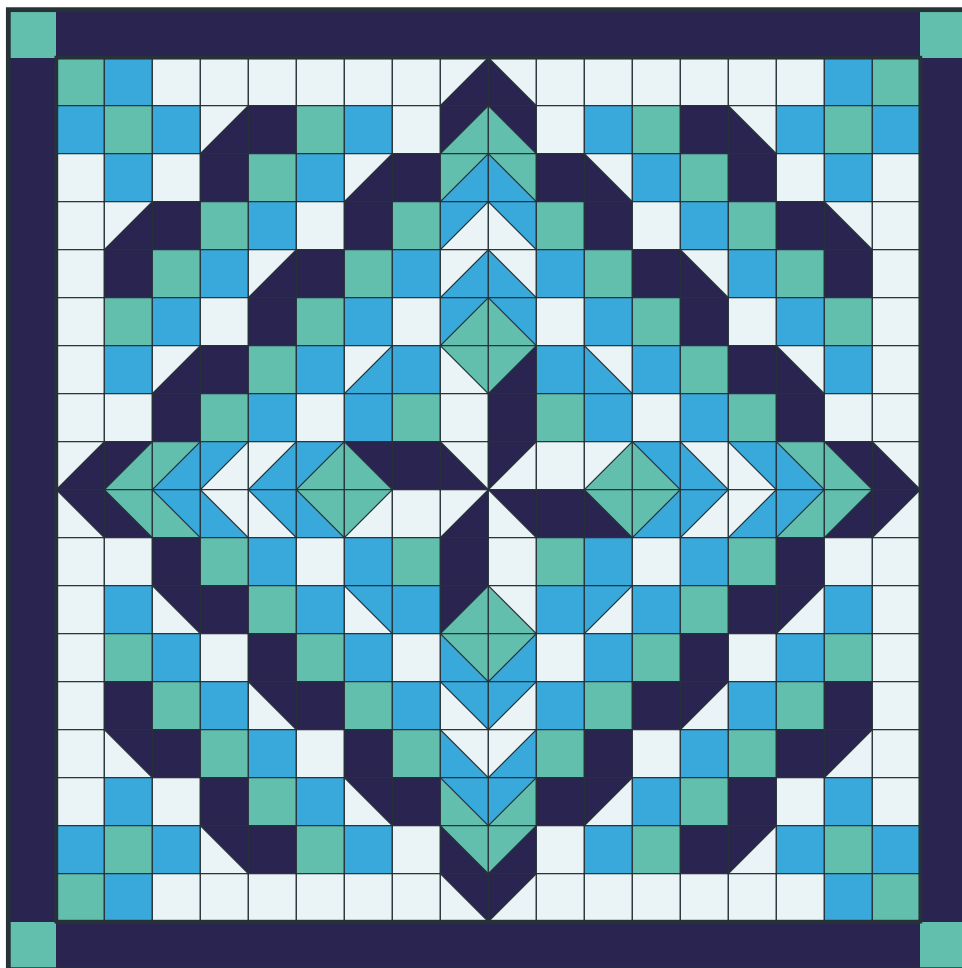


Assembly order

- 1 Sew Q1 to Q2 for the top half.
- 2 Sew Q4 to Q3 for the bottom half.
- 3 Pin the center intersection, then join the two halves.
- 4 Press the two long seams open. The center should measure 54 1/2" square.

9. Add borders and finish

The navy border and green cornerstones complete the framed design.



Border order

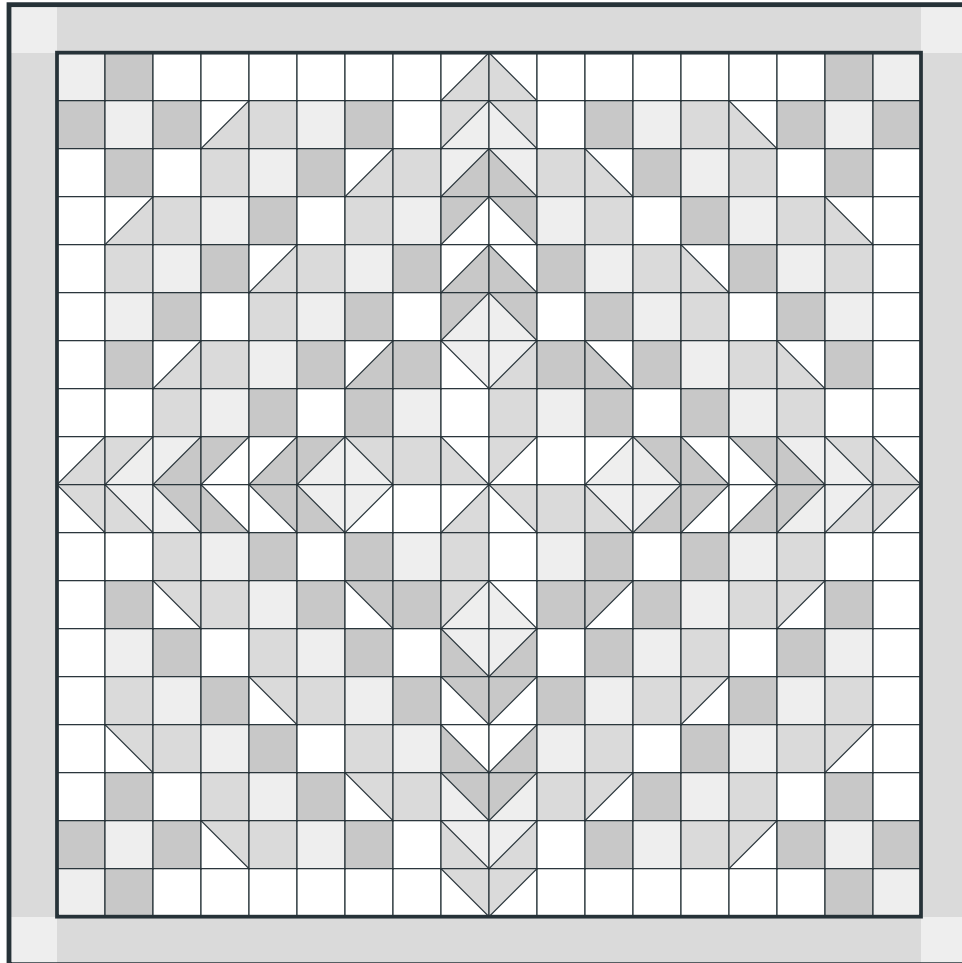
- 1 Piece four navy strips to $3\frac{1}{2}$ " x $54\frac{1}{2}$ ".
- 2 Sew one strip to each side of the center.
- 3 For top and bottom, sew a green cornerstone to both ends of each remaining strip.
- 4 Sew these rows to the top and bottom. The quilt top should measure $60\frac{1}{2}$ " unfinished.
- 5 Layer backing, batting, and quilt top; baste and quilt.
- 6 Bind with seven $2\frac{1}{2}$ " strips.

QUILTING IDEAS

Outline the central diamonds, echo the flower petals, or use a soft all-over design. Stitch-in-the-ditch around the navy shapes emphasizes the geometry.

10. Coloring and planning page

Test new palettes while preserving the exact 18 x 18 geometry.



Background: _____

Dark: _____

Green: _____

Blue: _____

11. Final checklist and reference

Use this page before cutting and again before quilting.

VERIFIED DESIGN TOTALS

- 240 whole squares: 80 W, 44 D, 52 G, and 64 B.
- 84 HSTs: 32 W/D, 20 W/B, 16 B/G, 12 D/G, and 4 W/G.
- 240 whole squares + 84 HSTs = 324 center units.
- 324 units = 18 rows x 18 columns.
- Four cornerstones and four border strips complete the framed top.

Video inspiration

Nana's Flower: Easy quilt with only whole squares and HST's - Nana's Journey, YouTube.

<https://www.youtube.com/watch?v=5PWucdSWYdA>

Before you begin

- Choose the finished unit size and use that column consistently.
- Make one test HST and confirm its trimmed size.
- Photograph each quadrant layout before chain piecing.
- Check that all four quadrants rotate in the same direction.
- Measure the center before cutting final border lengths.